

SERVICES

★ Cafe closed

Kirtland Lanes Cafe is closed during renovation through August. However, service with a limited menu is available.

Bowling remains open, with minor interruptions while carpet, ceiling tiles and wall coverings are installed.

Call 846-6851.

★ Swimming

Daily and seasonal passes at the Outdoor Pool are on sale.

The Outdoor and Indoor pools are available for rental for private events after normal business hours.

Certified staff lifeguards are provided on a 1-30 ratio.

For more information and rates, call 846-5485.

★ Volunteers

Volunteers to assist in classes and outings, to drive participants to events and to coordinate events at Outdoor Recreation are needed.

Call 846-1499.

★ Discounts at ITT

Information, Tickets and Travel offers discounted tickets for a variety of entertainment, recreation and travel choices.

Offerings include out-of-state amusement parks and attractions in the Albuquerque area.

Discounts include Disney parks, Sea World, Busch Gardens, Sesame Place, Universal Studios, Cliff's and the Beach in Albuquerque.

Some discounts include special rates for military for hotels and park admissions.

Call 853-4486 or visit ITT in the Consolidated Support Building.

★ Fall Soccer

Register now for the Youth Programs Fall Soccer League for youth 5-18 years.

Practice starts next week for games that begin in late August.

Cost is \$35 for Youth Programs members and \$45 for nonmembers.

Participants must be pre-registered by **today**. Call 853-5437.



SPORTS

★ AF sports program

The Air Force has a sports program for those who excel in sports like boxing, bowling, cross-country, golf, fencing, rugby, shooting, tae kwon do, track and field, triathlon, wrestling, marathon or men's and women's basketball, soccer, softball or volleyball.

Visit <https://www-r.afsv.af.mil/FT/> or call Tech. Sgt. Bob Herring at 846-1102.

★ Run for Your Life

The Run for Your Life sponsored by the East Fitness Center is under way.

Participants are authorized three miles daily on equipment in the center.

At the 250-mile mark, participants are awarded a patch.

At 500 miles, athletes receive a T-shirt. The prize for 1,000 miles is a jacket and for 2,000 miles is a jogging suit.

For details, contact Staff Sgt. Barbara Dixon at 846-1102.

★ Combat Club

The Kirtland Close Quarters Combat Club meets **Tuesdays**, 11 a.m.- noon, in the Rio Grande Community Center.

Close Quarter Combat is a general name given to military, police and street fighting tactics.

The instructor concentrates on real-world defense combat techniques using knife, stick and unarmed combat.

Previous experience in a combat art or sport is welcome, but not required.

The club is open to all Kirtland AFB personnel over 18 years. Membership is free.

Call 853-5437.

★ Cycling program

The Air Force Cycling Program is conducted at the East Fitness Center.

The "Go For The Ride of Your Life" program offers opportunities to win T-shirts, caps, towels and water bottles.

Get your cycling mileage card at the fitness center.

Call Airman 1st Class Karine Pina at 846-1068 or Airman 1st Class Jason Lambright at 846-1102.

★ Whitewater rafting

Outdoor Recreation sponsors a whitewater rafting trip to Pilar, N.M., **tomorrow**.

The trip begins at 5:30 a.m. and ends on return at 6 p.m.

Cost is \$60.

Call 846-1499.

★ Command golf

The Air Force Materiel Command Golf Championship hosted by Tijeras Arroyo Golf Course is **Aug. 11-16**.

Cindy McLaughlin, John Dooley and David Roseberry will represent Kirtland AFB at the AFMC Golf Tournament.

The course is open to all golfers after competition golfers tee-off.

Call 846-1169 or 846-1574.

★ Soccer tryouts

Soccer team tryouts for a base soccer team to play in the Albuquerque Soccer League are **Aug. 10** at 10 a.m. and **Aug. 11** at 5 p.m. at Bullhead Park, next to the Veterans Affairs Medical Center and Air Force clinic.

Registration fee is \$95 and includes the fall and spring season with 16

games for those making the team.

Games for a men's team and coed team are played **Sundays**, 9 a.m. and 2 p.m.

For information, contact Capt. Eric Stephan at eric.stephan@kirtland.af.mil or Senior Airman James Swenson at james.swenson@kirtland.af.mil.

Fall Bowling Leagues



now forming

The Following Leagues Are Looking For Bowlers:



Monday Night

Tuesday Night

Thursday Night

Friday Night

Saturday Morning (YABA)

Sunday Mixed Family

"Wasted Days" League

Soap Opera League

Young American Bowlers Association

Kids, Moms, Dads & Grands

Weekdays for stay at home parents & retirees

Daytime League



Evening Leagues typically start at 6:00 pm, and finish by 9:00 pm.

Sign up before 31 July and receive a certificate for
3 FREE games of bowling. Call 846-6851 for more info.